

# Active Learning Program Service Report: An Outdoor Event

for the 15<sup>th</sup> Cohort of BE/BS/BEng International Credit Transfer  
Programs

## Executive Summary



The 2024 cohort

The Active Learning Program Service Centre at Anaikatti facilitates socialization among college freshers. Set in a nature-rich environment, various outdoor activities encouraged students to mingle, collaborate, and learn from each other. This report outlines key components of the program. Trainers from the PSG Institute of Management conducted and co-ordinated the events while deputy director Dr. J Kanchana foresaw the proceedings.

### **Introduction:**

The Active Learning Program Service (ALPS) of PSG Institute of Management is located at Anaikatti in a green, serene, pollution free and invigorating atmosphere. The place is 40km away from the city and used exclusively for as an out-bound training facility for students of PSG. The program's primary objectives were for the first-year students to be able to relate better with peers, enhance team spirit, inculcate the habit of calculated risk-taking, improve communication and in general plan better. The goal thus was to ease the transition into college life by fostering new relationships and building a sense of community through interactive outdoor activities.

### **Objectives**

- To facilitate social interaction and networking among new students.
- To break the ice and help student feel comfortable with each other.
- To promote team-building and collaborative skills through engaging activities.
- To offer a prelude to academic life by encouraging holistic learning in a natural setting.

### **Ice-Breaker Session:**

The day began with an interactive ice-breaker session designed to help participants introduce themselves in a fun and relaxed manner.





## **Team-Building:**

Following the ice-breaker, students engaged in team-building exercises



**Obstacle Course:** A series of physical challenges that required teamwork and problem-solving.



## **Outdoor Learning:**

Students participated in activities that combined learning through outdoor experiences:

- **Nature Scavenger Hunt:** Teams searched for specific items in the natural surroundings while learning about local flora and fauna.
- **Eco-Friendly Practices Workshop:** A session focused on environmental conservation and sustainable living practices.



### **Group Challenges and Reflection:**

The day concluded with group challenges that required creative thinking and collaboration, followed by a reflection session where students shared their experiences and insights.

### **Program Feedback**

Feedback was collected through surveys administered at the end of the program. Key findings include:

- **Overall Satisfaction:** Most participants were happy with the program, with many highlighting the enjoyable nature of the activities and the opportunity to meet new people.
- **Favorite Activities:** The Nature Scavenger Hunt and Trust Fall Exercise were the crowd favorites.
- **Suggestions for Improvement:** Students suggested including more time for personal reflection and additional workshops, perhaps focused on academic skill development.

### **Anecdotal Feedback**

Several participants shared positive personal experiences:

- “The ice-breaker session really helped me feel more comfortable and open with my new classmates.”
- “The outdoor activities were a great way to learn about teamwork and have fun at the same time.”





The team

The Active Learning Program at Anaikatti achieved its goals of fostering social interactions, easing the transition into PSGIAS ICTPs for college freshers by providing an enjoyable and educational experience. The feedback underscored the positive impact of the program and offered valuable insights for future improvements. Future programs will build on this success and further enrich the college experience for new students.